# Queensland Race Walking Club Inc.

ABN 59 065 512 712

***Building on a fine tradition of race walking, 71 years in the making.***

November 12th 2026

## Pan Pacific Masters Games – 10km Road Walk

One of the big winners of the 10km road walk at the Pan Pacific Masters Games on Sunday morning at Runaway Bay was the QRWC. The conditions for racing where challenging for the athletes with very strong winds and high humidity which dented pre-race goals. But for the club members and volunteers in setting up and conducting the meet it was a great performance as a result of a big co-ordinated team effort.

Thank you to everyone who contributed to make this meet a success not just on the day but all the work in the background in the months leading up to the Games.

Noela has had a mountain of work to do leading up to the event with co ordinating volunteers, planning and packing equipment and managing all the compliance documents not to mention bringing all the club equipment down from Brisbane.

Patrick & Maxine were our representatives at the Pan Pac sports convenor meetings and collected all the medals, race numbers, shirts, caps and accreditation passes for race day officials.

Shane took on the role of chief judge this year but that was only after marking out the course with all the yellow cones. On again we were fortunate to have the services of Andrew as recorder and collator of results. Stuart in his normal unflustered manner handled all the timekeeping, supervising the lapscorers and the distribution of race numbers with aplomb.

A big thank you to our judges who balanced the task of enforcing the rules but also endeavouring to educate and encourage those walkers less familiar with competition race walking.

Thank you also to our PPMG allocated volunteers and to all those club members who stepped in to assist in setting up the course, running the drink station, collecting the judging cards and then pitching in to pack up afterwards.

Let's not forget Julianne & Maxine for organising and setting out the post-race breakfast that was appreciated by all who attended. It was a wonderful team effort that makes you very proud of our club.

We have received lots of positive feedback with newcomers to the sport highlighting the amount of support and encouragement they received from fellow competitors, officials and volunteers. It is these types of experiences that make people wanting to continue on in the sport wherever they live. These are three examples;

"*Thank you to the Queensland Race Walking Club for putting on a fantastic event on Sunday and all that post race food was an awesome bonus. I had a friend there lapscoring who was also impressed with everything*."

"*Thank you for making both my daughter and I feel so welcome. My goal was to finish and not be DQ and I can happily say – it was achieved. We now intend to start to race walking in WA. Looking forward to seeing you in 2 years' time. Thank you once again for your help and support*."

*"I always look forward to coming up to Queensland to race. The races are well organised and everyone is so welcoming* "

Lastly to Ryan McDonald and his super team from Events Management Queensland a huge thank you and our gratitude for all that you have contributed to make this event a success.

On behalf of the Queensland Race Walking Club, we all enjoyed the opportunity to once again host this event and to welcome the athletes. We especially enjoyed having all athletes, volunteers, officials and their families at the post-race breakfast and the medal presentation ceremony.

We look forward to welcoming you all back in 2028.




*Happy medal winners Men 50-54 10km 2 David Rapaport 1 Pramesh Prasad 3 Luis Mayo*



*Anybody know what this is? 10km pre race instructions*

# RESULTS RESULTS RESULTS

## Pan Pacific Masters Games Runaway Bay

**10km Road Race Walk**

**Men 50-54**

1 Pramesh Prasad 1:0043
2 David Rapaport 1:08.45
3 Luis Mayo 1:32.08

**Men 55-59**

1 Argenis Guevara 1:04.44
2 Simon Cartwright 1:17.32

**Men 60-64**

1 Trevor Martin 1:10.23
2 Paul Lindenberg 1:14.23

**Men 65-69**

1 Kevin Cassidy 1:04.52
2 K Wong 1:05.19
3 Paul Gleeson 1:39.24
Mohinder Singh Virk DNS

**Men 70-74**

1 Colin Heywood 1:09.26
2 Peter Bennett 1:10.04
Andrew Cochrane DNS

**Men 85-89**

1 Patrick Sela 1:41.06

**Women 35-39**

1 Patricia Hibbs 1:06.57
2 Amy Kanther 1:32.56
Roslyn Kirwin DNS

**Women 50-54**

1 Brenda Gannon 1:02.37

**Women 55-59**
1 Nyle Sunderland 1:07.43
2 Joy Dale 1:23.15

**Women 60-64**
1 Anne Weekes 1:06.40
2 Kerry Blackaller 1:33.00
**Women 65-69**
1 Jenn McLean 1:25.32
2 Judith Lunn 1:38.45
Sally Duncan DNS
**Women 80-84**
1 Noela McKinven 1:37.50

**Women 5000m RW 30+**
1 Jodie Wilson Australia 30:40.26 Pan Pacific Age: 31
2 Patricia Hibbs Australia 31:02.55 Pan Pacific Age: 35
3 Anne Weekes Australia 31:49.87 Pan Pacific Age: 64
4 Nyle Sunderland Australia 33:53.39 Age: 59
5 Janet Richardson Australia 35:33.63 Age: 56
6 Joy Dale Australia 39:27.47 Age: 55
7 Roslyn Kirwin Australia 40:56.84 Age: 37
8 Kit Mei Mui Hong Kong 45:47.51 Age: 66
9 Noela McKinven Australia 46:09.05 Age: 84
--Soma Rani India DNS Age: 46
--Dash Newington Australia DNS Age: 42
--Wendy Pannach Australia DNS Age: 47
**Men 5000m RW 30+**
1 Pramesh Prasad Australia 29:47.10 Age: 52
2 Kevin Cassidy Australia 31:38.98 Age: 66
3 Kai Chung John Wong Hong Kong 31:57.22 Age: 65
4 David Rapaport Australia 33:30.92 Age: 51
5 Peter Bennett Australia 34:14.47 Age: 70
6 Paul Lindenberg Australia 34:49.50 Age: 64
7 Wayne Paul Byram Australia 34:49.84 Age: 55
8 Simon Cartwright Australia 35:16.37 Age: 57
9 Stanley Patrick Sela Australia 48:31.60 Age: 87
10 Christopher Worsnop Australia 49:44.20 Age: 69
- Ian Morton New Zealand DQ TR 54.7.1 Age: 70
- Adam Patterson Australia DQ TR 54.7.1 Age: 54
- Mohinder Singh Virk India DNS Age: 68
- Andrew Cochrane Australia DNS Age: 71
- Sukhvinder Singh Australia DNS Age: 77
**Men 3000m RW 30+**
1 Pramesh Prasad Australia 17:48.28 Age: 52
2 Kevin Cassidy Australia 18:12.01 Age: 66
3 Kai Chung John Wong Hong Kong 18:31.70 Age: 65
4 David Rapaport Australia 19:09.28 Age: 51
5 Andrew Cochrane Australia 19:22.34 Age: 71
6 Peter Bennett Australia 20:02.63 Age: 70
7 Paul Lindenberg Australia 20:53.86 Age: 64
8 Adam Patterson Australia 20:54.44 Age: 54
9 Simon Cartwright Australia 23:08.96 Age: 57
10 Ian Morton New Zealand 23:12.46 Age: 70

11 Christopher Worsnop Australia 30:17.61 Age: 69
--Balraj Singh India DNS Age: 68
--Stanley Patrick Sela Australia DNS Age: 87
--Sukhvinder Singh Australia DNS Age: 77
-- Wayne Paul Byram Australia DNS Age: 55

**Women 3000m RW 30+**

1 Jodie Wilson Australia 17:40.68 Pan Pacific Age: 31
2 Patricia Hibbs Australia 18:56.65 Age: 35
3 Nyle Sunderland Australia 19:48.31 Age: 59
4 Janet Richardson Australia 20:34.28 Age: 56
5 Joy Dale Australia 22:27.61 Age: 55
6 Roslyn Kirwin Australia 23:52.46 Age: 37
7 Noela McKinven Australia 28:18.78 Age: 84
--Samita Ahuja India DQ TR 54.7.1 Age: 53
--Kulwinder Kaur India DNS Age: 49
--Anne Weekes Australia DNS Age: 64
--Wendy Pannach Australia DNS Age: 47
--Dash Newington Australia DNS Age: 42
--Kirsten Birkby Australia DNS Age: 61

# THIS WEEK

## Queensland Athletics

**5,000 metre Championships November 14th SAC**
11:15am 5000m Walk Championships U17, U18 &U20

# NEXT WEEK

## Queensland Masters Athletics

**Sunday Morning November 22nd** SAF Brisbane Region Competition
7.45am 5,000 metres walk
9.40am 1,500 metres walk
Entries open at **Sat 14 November @ 06:00**.

# QA Track Season

## Coming QA Walks

January 10th 3,000 metres SAC
February 6th 3,000/5,000 metres SAC
February 27th 3,000 metres QA Championships
March 6th 3,000/5,000 metres
March 20th 3,000/5,000 metres

# QMA & Brisbane Region Track Season Calendar

**QMA Website** Queensland Masters Athletics: Track and Field
**Saturday Afternoon 5/12/26** – SAF QMA HEP/DEC CHAMPS
3.00pm 1,500metres
**Sunday Morning 6/12/26** – SAF QMA HEP/DEC CHAMPS
4pm 3,000 metres
**Sunday Morning 13/12/26** – SAF Brisbane Region Comp. Includes 1 mile
8.00am 3,000 metres
10.00am One Mile
**Saturday Afternoon 19/12/26** – SAF Brisbane Region Competition
4.15pm 5,000 metres

Sunday Morning 17/1/27 – SAF QMA OUTDOOR PENTATHLON Held in conjunction with Brisbane Region Competition Day 9 of Brisbane Season
Sunday Morning 24/1/27 – SAF Brisbane Region Competition Day 10 of Brisbane Season
Sunday Morning 14/2/27 – SAF QMA WOMENS THROWS PENTATHLON
Held in conjunction with Brisbane Region Competition Day 11 of Brisbane Season
Sunday Morning 21/2/27 – SAF QMA MENS THROWS PENTATHLON
Held in conjunction with Brisbane Region Competition Day 12 of Brisbane Season
Saturday Afternoon 27/2/27 – SAF QMA MEMORIAL DAY Held in conjunction with Brisbane Region Competition Day 13 of Brisbane Season
Sunday Morning 7/3/27 – SAF Brisbane Region Competition Day 14 of Brisbane Season
Saturday Morning 20/3/27 – SAF Saturday QMA 3000M RUN/WALK CHAMPS
Held in conjunction with Brisbane Region Competition Day 15 of Brisbane Season
Saturday 3/4/27 – SAF All Day QMA STATE CHAMPS DAY 1
Sunday 4/4/27 – SAF All Day QMA STATE CHAMPS DAY 2
Saturday Morning 15/5/27 – SAF AMA HEP/DEC CHAMPS DAY 1
April 23-26, 2027 AMA CHAMPIONSHIPS – PERTH
Sunday Morning 16/5/27 – SAF AMA HEP/DEC CHAMPS DAY 2




**REGISTRATION OPEN**
**Entries CLOSE Sunday 13th December 2026**

The 2027 Oceania Masters Championships will be held from **Wed 27 to Sun 31 January,**
**Venue:** Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025

## Walks Programme

Wednesday 27th January 2027 3,000m Track Walk AM
Friday 29th January 2027 1,500m Track PM
Sunday 31st January 2027 5,000m Track Walk PM

**To date there are entries from 50 race walkers with more than half of these athletes from Australia.**

## Join fellow your QRWC members in Christchurch

OMA / NZMA Track and Field Championships - Meet Info - Track & Field Meet

**Registration** (26th October 2026) NZD $90.00
**Event Fee** NZD $20.00

## Masters' accommodation special

**Oceania Masters Track & Field Championships - Accor Meetings & Events**

# 2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: Ern Clark Athletics Stadium Cannington. WA

- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.
  Perth 2027 | Australian Masters Athletics Championships

## Date Claimer – Canberra Carnival June 12-13th 2027

A meeting on Tuesday night of Australian Federation of Race-Walking Clubs has set the date of **June 12-13th 2027** for the renamed "**Canberra Walking Carnival**". More details to follow when they become available.

## Racewalking Queensland Management Committee 2026/27

**President:** P Bennett
**Vice President:** B Gannon
**Secretary:** N. McKinven
**Treasurer** N. McKinven
**Committee:** S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley
**Patron:** S Perkins
**Registrar:** S Dale
**Handicapper** A Guevara / N McKinven
**Uniforms:** S Dale
**Publicity / Media:** P Chadwick / C Chadwick
**Results:** R Wales / N McKinven
**Newsletter Editor:** P. Bennett
**Equipment Officer:** Ignacio Jimenez & Noela McKinven
**Canteen Convenor:** R Wales, J Dale
**Blue Card Co-ordinator:** B Gannon
**Club Captains:** Phoebe Chadwick, Alex Bradley

## Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.
**Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.**
Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.
*If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator* bluecardqrwc@gmail.com

# QRWC Membership 2026/27

Membership - Qld Race Walking Club - revolutioniseSPORT

## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

Shop - Qld Race Walking Club - revolutioniseSPORT

## Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

**Contact emails:**

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website Queensland Race Walking Club

**About us** *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.